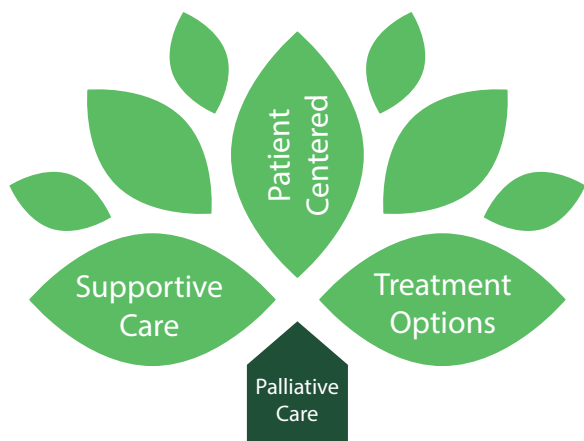


## LISTEN | CARE | SERVE

Palliative care is the foundation of a patient centered plan of care. Often patients receiving palliative care services participate in home health, skilled services in a rehab, aggressive treatment or bridge to hospice care.



Our mission is a steadfast promise to our patients to listen, care and serve as a trusted partner devoted to providing the highest quality support & palliative care.



## Board Certified Palliative Care Medical Providers



Brianna Nation-Howard, DO, MPH, FAAHPM  
MEDICAL DIRECTOR

Dr. Nation-Howard is currently the Medical Director of Three Oaks Hospice Palliative Care. Dr. Nation is a fellowship-trained, board-certified Hospice and Palliative Care physician and a board-certified family medicine physician. In 2017, she was accepted into the American Academy of Hospice and Palliative Medicine as a Fellow, designating her commitment to the advancement of palliative medicine and her dedication to the seriously ill's comprehensive care. She was part of the Baylor, Scott & White Healthcare team for six years as the Medical Director of Supportive & Palliative Care at Baylor Medical Center Carrollton and Heart Hospital Denton.

Dr. Nation-Howard received her Bachelor of Science and Master's in Public Health at the University of South Florida. She received her Doctorate in Osteopathic Medicine at Nova Southeastern and completed her Family Medicine residency and Fellowship in Hospice & Palliative Medicine at Mayo Clinic in Jacksonville, Florida.

For More Information Please Call

P: 877-585-7400

F: 877-585-7401

[threeoakspalliativecare.com](http://threeoakspalliativecare.com)

Three Oaks Palliative Care complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability or sex.



**Three Oaks**  
**PALLIATIVE CARE**

We listen. We care.  
We serve.





## WHAT IS PALLIATIVE CARE?

Palliative care is a medical specialty that is dedicated to helping patients and their loved ones cope with serious illness. The team members help explore goals of care by discussions of the disease, treatment options, and ensuring your needs and wishes are honored.

Palliative care providers are experts at assessing, anticipating, and alleviating bothersome symptoms which affect an individual's quality of life.

### ◆ HOW DO I ACCESS PALLIATIVE CARE?

Our qualified team of professionals are equipped to assist you through the different aspects of this supportive care. If you believe palliative care would benefit you or a loved one please call Three Oaks Palliative Care to coordinate a consultation at 877.585.7400.

### ◆ INDICATION THAT PALLIATIVE CARE IS RIGHT FOR YOU OR YOUR FAMILY.

- Increased pain from cancer
- Shortness of breath
- Frequent infections
- Recurrent hospitalizations
- Weight loss
- Decline in ability to function
- Cognitive decline
- Non-healing wounds
- Complex medical issues

### ◆ WHO PAYS FOR PALLIATIVE CARE?

Medicare, Medicaid & most private insurance cover the cost of palliative care. A co-payment may apply, depending on your insurance.

### ◆ BENEFITS OF PALLIATIVE CARE.

- Coordinates care with current medical providers
- Appropriate at any stage of a serious illness
- Used alongside curative and life-prolonging measures
- Symptom management, emotional & spiritual support
- Telehealth availability
- Helps reduce hospital admissions
- Assists with long term goal planning and advance directives
- Proactive conversations about what to expect with serious illness

### ◆ WHERE IS COMMUNITY BASED THREE OAKS PALLIATIVE CARE PROVIDED?

- Patient's home or apartment
- Friend or relative's house
- Assisted living
- Nursing home
- Skilled rehab
- Senior living

### ◆ THE PALLIATIVE CARE TEAM:

- Physician
- Nurse Practitioner
- Chaplain
- Social Worker



**Three Oaks**  
**PALLIATIVE CARE**